

First Antiphon

Bless the Lord, O my soul, blessed are You, O Lord:

The first system of music features a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed between the two staves.

Bless the Lord, O my soul, and all that is with-in me bless His ho - ly Name:

The second system of music continues the melody and accompaniment from the first system. The lyrics are placed between the two staves.

Bless the Lord, O my soul, and for-get not all His ben - e - fits!

The third system of music continues the melody and accompaniment. The lyrics are placed between the two staves.

Who for - gives all your in - i - qui-ty, Who_ heals all your dis-eas - es.

The fourth system of music concludes the antiphon. The lyrics are placed between the two staves.